

## Restless Legs Syndrome – Health Care Professionals

Looking for an “RLS” doctor?

With the help of the RLS community Sleep Disorders Australia has put together a list of health care professionals who know enough about RLS that others with RLS feel confident that they would recommend them.

If you know of a doctor or allied health care professional that you would recommend to others with RLS or you have any feedback about any of the ones already on the list eg: their contact details have changed or you have perhaps had a less than positive experience with them, please email [rls@sleepoz.org.au](mailto:rls@sleepoz.org.au) so that we can ensure that this list is kept up to date.

### **ACT**

#### **Dr Richard Rowe - GP**

Gordon Shops  
2/114 Lewis Luxton Ave  
Gordon ACT 2906 Phone: 02 6294 0990  
<https://www.gordonfamilypractice.com.au/>

### **New South Wales**

#### **Dr Anup Desai - Respiratory and Sleep Specialist**

Sydney Sleep Centre  
Suite 202 Level 2  
139 Macquarie Street  
Sydney NSW 2000 Phone: 02 9252 6144  
Fax: 02 9251 7557  
Email: [info@sleepcentres.com.au](mailto:info@sleepcentres.com.au)  
<https://www.sleepcentres.com.au/meet-our-team.html>

#### **Dr Anup Desai also practices at;**

The Chest and Sleep Centre Laboratory  
Department of Respiratory & Sleep Medicine  
Level 2, The Campus Centre  
The Prince of Wales Hospital  
Barker Street Randwick NSW 2031 Phone: 02 9382 4668  
Fax: 02 9382 4627  
<https://www.specialistmedicalrandwick.com.au/specialists/respiratory-and-sleep-medicine/dr-anup-desai/>

#### **Prof Ron Grunstein - Respiratory and Sleep Specialist**

The Woolcock Institute  
431 Glebe Point Road  
Glebe NSW 2037 Phone: 02 9114 0000  
Fax: 02 9114 0010  
<https://woolcock.org.au/ron-grunstein>

**Other practices of Prof Ron Grunstein:**

Integrated Sleep Health  
Suite 1 Level 7  
26 College Street  
Darlinghurst NSW 2010                      Phone: 02 9331 7546  
Email: [info@isleephealth.com.au](mailto:info@isleephealth.com.au)  
<https://sleepclinicsydney.com.au/>

And, Royal Prince Alfred Hospital  
Level 11 Main Block  
50 Missenden Road  
Camperdown NSW 2050                      Phone: 02 9515 6655

**Dr Peter Jones - Respiratory and Sleep Specialist**

5 Pym St  
Milthorpe NSW 2798                      Phone: 02 6366 3770

**Dr Hilton Lowe - GP**

Sydney Medical Centre  
Biological Medicine Institute  
Pavilion Plaza, HSBC Building  
Mezzanine Level  
580 George Street  
Sydney NSW 2000                      Phone: 02 9261 9200  
<https://www.sydneymedicalcentre.com.au/general-practitioners/general-practitioners-at-our-centre/dr-hilton-lowe/>

**A/Prof Brendon Yee - Respiratory and Sleep Specialist**

The Woolcock Institute  
431 Glebe Point Road  
Glebe NSW 2037                      Phone: 02 9114 0000  
Fax: 02 9114 0010  
<https://woolcock.org.au/brendon-yee>

<https://sydney.edu.au/medicine-health/about/our-people/academic-staff/brendon-yee.html>

**Other practices of A/Prof Brendon Yee:**

The Hornsby Sleep Disorder & Diagnostic Centre,  
102 Balmoral Street  
Hornsby NSW 2077                      Phone: 02 9477 7867  
Fax 02 9477 1278

Dubbo Medical and Allied Health Group  
42 Bultje Street  
Dubbo NSW 2380                      Phone: 02 6815 9900  
Fax 02 6882 1494

A/Prof Brendon Yee is also affiliated with the Royal Prince Alfred Hospital Sleep Clinic  
50 Missenden Road  
Camperdown NSW 2050                      Phone: 02 9515 8190

## Queensland

### Brisbane

#### **Prof Roger Allen - Respiratory (Thoracic) and Sleep Specialist**

Level 4 Suite 46  
Wesley Medical Centre  
40 Chasely Street  
Auchenflower QLD 4066                      Phone: 07 3719 5577  
Fax: 07 3719 5177  
<https://wesley.com.au/doctors/Roger-Allen>

#### **Dr Allan Finnimore - Respiratory and Sleep Specialist**

Greenslopes Private Hospital  
Suite 6a Admin Building  
Newdgate Street  
Greenslopes QLD 4120                      Phone: 07 3216 9511  
<https://www.greenslopesprivate.com.au/Our-Specialists/Specialists/greenslopes-private-hospital/respiratory-and-sleep-medicine/103155/dr-allan-finnimore>

#### **Dr Allan Finnimore is also listed at the**

McCullough Specialist Centre  
Suite 8/259 McCullough Street  
Sunnybank QLD 4109                      Phone: 07 3353 3351

#### **Dr Craig Hukins - Respiratory and Sleep Specialist**

Princess Alexandra Hospital – Sleep Clinic  
199 Ipswich Road  
Woollongabba QLD 4102                      Phone: 07 3176 2111

#### **Dr Luke Katahanas - GP**

Capalaba Medical Centre  
Bayside Medical Precinct  
Old Cleveland Rd  
Capalaba QLD 4157                      Phone: 07 3245 9600  
Fax: 07 3245 1908  
<https://capalabamedicalcentre.com.au/doctors/dr-luke-katahanas/>

#### **Dr Jeff Karrasch - GP**

St Vincent's Northside Education Centre  
St Vincent's Private Hospital Northside  
627 Rode Road  
Chermside QLD 4032                      Phone: 07 3139 1099  
Fax: 07 3036 5542  
<https://www.svphn.org.au/our-services/our-specialists/dr-jeff-karrasch>

#### **Dr Dayna Law - Respiratory and Sleep Specialist**

Greenslopes Respiratory and Sleep Consulting Suites  
Suite 3a Ground Floor  
Newdegate Street  
Greenslopes QLD 4120                      Phone: 07 3397 1488

### **Dr Robyn O'Sullivan - Respiratory and Sleep Specialist**

Ground Floor Admin Building  
Greenslopes Private Hospital  
Respiratory and Sleep  
Newdegate Street

Greenslopes QLD 4120

Phone: 07 3397 1488

<https://www.greenslopesprivate.com.au/Our-Specialists/Specialists/greenslopes-private-hospital/respiratory-and-sleep-medicine/103232/dr-robyn-osullivan>

### **Dr Andrew Scott - Thoracic and Sleep Specialist**

Thoracic and Sleep Group Queensland  
The Wesley Hospital Sleep Disorder Centre  
Evan Thomson Building

Level 9 Suite 1

24 Chasely St

Auchenflower QLD 4066

Phone: 1800 11 94 46 or 07 3870 1120

Fax: 07 3870 0233

Email: [admin@tsqg.com.au](mailto:admin@tsqg.com.au)

<http://thoracicandsleep.com.au/dr-andrew-scott/>

**Dr Andrew Scott also has clinics on the Sunshine Coast and Toowoomba – see below for details**

### **Dr Sean Tolhurst - Respiratory and Sleep Specialist**

Suite 6 Greenslopes Specialist Centre

Greenslopes Private Hospital

121 Newdegate Street

Greenslopes QLD 4120

Phone: 07 3324 1699

Fax: 07 3324 1688

<http://www.sleepandlung.com.au/>

## **Gold Coast**

### **Dr David Deller - Respiratory and Sleep Specialist**

Gold Coast Respiratory and Sleep Clinic

Suite 2.03 Level 2 Pindara Specialist Suites

29 Carrara Street

Benowa QLD 4217

Phone: 07 55 394 676

Fax: 07 55 394 756

*Trained under Dr Robyn O'Sullivan of Greenslopes*

<http://www.goldcoastrespiratoryandsleep.com.au/about.html>

## **Sunshine Coast**

### **The Sunshine Coast Sleep Disorders Centre**

Thoracic and Sleep Group Queensland

Nambour Selangor Private Hospital: Miles Saville Ward

62 Netherton St

Nambour QLD 4560

Phone: 1800 11 94 46 or (07) 3870 1120

Fax: (07) 3870 0233

Email: [admin@tsqg.com.au](mailto:admin@tsqg.com.au)

<http://thoracicandsleep.com.au/dr-andrew-scott/>

**Dr Rosemary Gan - Respiratory and Sleep Specialist**

Selangor Medical Centre

62 Netherton Street

Nambour QLD 4560

Fax: 07 5441 1688

Phone 07 5441 5422

**Toowoomba**

**Thoracic and Sleep Group Queensland**

Medici Medical Centre

Floor 1 Suite 105

Corner Scott and Curzon Street

Toowoomba QLD 4350

Phone: Phone 07 4639 5115 or 07 3876 8405

Fax: 07 4639 4334 or 07 3870 3212

Email: [scott.reception@tsgq.com.au](mailto:scott.reception@tsgq.com.au) and [scott.admin@tsgq.com.au](mailto:scott.admin@tsgq.com.au)

<http://thoracicandsleep.com.au/dr-andrew-scott/>

**South Australia**

**Dr Dien Dang - Respiratory and Sleep Specialist**

Level 5 120 Angas St

Adelaide SA 5000

Fax: 08 8359 2477

Phone: 08 8359 2411

<https://adelaidesleep.com.au/>

**Dr Dien Dang is also affiliated with Burnside War Memorial Hospital Sleep Centre**

<https://www.burnsidehospital.asn.au/services/sleep-centre/>

**Dr Huw Davies - Respiratory and Sleep Specialist**

Specialist Clinics at Blackwood Hospital,

Level 1 13 Laffers Road

Belair SA 5052

Phone: 08 8463 1233

Email: [huw.davies@sa.gov.au](mailto:huw.davies@sa.gov.au)

<https://scabh.com.au/specialist/dr-huw-davies/>

**A/Professor Sutapa Mukherjee - Respiratory and Sleep Specialist**

Level 2, 321 South Terrace

Adelaide SA 5000

Phone: 08 7231 0450

**A/Professor Sutapa Mukherjee is also affiliated with Burnside War Memorial Hospital Sleep Centre**

<https://www.burnsidehospital.asn.au/services/sleep-centre/>

**A/Prof Robert Wilcox - Neurologist**

Neurology South Australia

150 Main Rd

Blackwood SA 5051

Phone: 0433 963 316

## **Victoria**

### **Dr David Cunnington and Dr John Sweica - Respiratory and Sleep Specialists**

Melbourne Sleep Disorders Centre

Level 5 100 Victoria Parade

East Melbourne VIC 3002

Phone: 03 9663 1993

Email: [reception@msdc.com.au](mailto:reception@msdc.com.au)

Fax: 03 9663 1553

<http://www.msdc.com.au/MSDC/Home.html>

### **Dr Paul Eade - GP**

196-200 Ontario Ave

Mildura VIC 3500

Phone: 03 5023 7311

Fax: 03 5021 4851

<https://www.ontariomedical.com.au/our-team/>

### **A/Prof Fergal O'Donoghue - Respiratory and Sleep Specialist**

Melbourne Respiratory and Sleep Services

226 Burgundy Street

Heidelberg VIC 3084

Phone: 03 9459 0555

Fax: 03 9455 0786

<http://www.melbournerespiratoryandsleep.com.au/doctors.html>

## **Western Australia**

### **Dr Ross Goodheart - Neurologist**

22 Charles Street

South Perth WA 6151

Phone: 08 9368 4800

Email: [reception@rossgoodheart.com.au](mailto:reception@rossgoodheart.com.au)

<https://www.rossgoodheart.com.au/>

**For more information about Restless Legs Syndrome visit our website**

<https://www.sleepoz.org.au/restless-legs-syndrome>

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