**Professor Ron Grunstein AM**
MBBS, MD, PhD, FRACP
Professor of Sleep Medicine.
Medical Advisor Sleep Disorders Australia

Professor Ron Grunstein has been a consultant physician in
sleep disorders for over 30 years and a pioneer in improving
patient care in sleep medicine in Australia and internationally.

He holds a Leadership Level 3 Investigator Award from the
National Health and Medical Research Council 2021-25 and
was previously a Senior Principal Research NHMRC Fellow
and Professor of Sleep Medicine at the University of Sydney.
He heads the Sleep and Circadian Research Group at the Woolcock Institute of Medical
Research and is a Chief Investigator of two NHMRC Centres of Excellence.

Professor Grunstein has had a distinguished career in medicine domestically, being the first Staff
Specialist appointed to a full time position in sleep medicine in Australia in 1988. He was
awarded the Australasian Sleep Association Distinguished Achievement Award in 2010, and the
Royal Prince Alfred Foundation Medal for Excellence in Medical Research in 2012. In 2014, he
received the Distinguished Professor Award from the Sydney Medical School and in 2016 has
been awarded the Thoracic Society of Australia and New Zealand Research Medal. On Australia
Day, 2019, he was made a Member of the Order of Australia "For significant service to medical
education and research in the field of sleep disorders". He is also recognised as a world leader in
his field, having been the first person outside of North America to win the prestigious Nathaniel
Kleitman Distinguishable Service Award from the American Academy of Sleep Medicine in 2011.
From 2007-2011, Professor Grunstein served as President of the World Sleep Federation (now
known as the World Sleep Society), the roof body for sleep researchers and clinicians
internationally organising successful world congresses in Cairns and Kyoto.